

Trishuli Rafting Trip - 1 day

Highlights:

- One day short trip fit for busy professionals
- Impressive and exciting friendly rapids
- Perfect for first time rafters.
- Most popular rafting river in Nepal
- Best seasons - Throughout the year

Trishuli river originates from Gosainkunda Lake and passes gently through Mahabharat Ranges and joins Narayani River at Devghat. Trishuli River is well suited for rafting and, in fact, Trishuli is the most popular rafting river in Nepal, perhaps because it is very easily accessible from Kathmandu (1,400 m) and you do not need prior rafting experience. You can complete your rafting trip in a day and during the length of your trip, you will enjoy diverse Nepali landscapes, cultural heritage and demography.

Trishuli is perfectly suitable for first timers and families. The waters are not very challenging and you can loosen yourself and enjoy the scenery. The rapids that you will encounter are Twin Rocks (Class 3+), Ladiesâ€™ Delight (Class 3+), Upset first (Class 3+), Surprise (Class 4-), and Butterfly (Class 3). If weather permits, you can also get glimpses of cable cars that move to and from Manakamana Temple.

If you want, you may take a dip into the waters of Trishuli for swimming or cliff jumping, we will be suggesting you favorable spots. Our starting point will be at Charaudi (412 m) and end point at Kuringhat. Throughout the journey, you get to enjoy impressive gorges, beautiful valleys and typical Nepali villages.

Nepal River Runner has been conducting Trishuli rafting trip for more than 15 years of combined experience This experience has allowed us to conduct this trip in a way that is most favorable to our customers and clients. Our helpful and professional guides will make sure that your entire trip is safe and entertaining.

Moreover, for this trip, we will provide you, Nepal government licensed river guides, who have completed Red Cross first aid training. Our guides hold rafting certifications from International Rafting Federation (IRF) and are also trained as Whitewater Rescue Technicians (WRT). Be assured that you will be in our safe hands.

Trip Info:

Duration : 1 Days

Rafting Season : Mar - Jun, Sep - Nov (Also available all year round)

Itinerary:

Day 1: We will leave for our one-day Trishuli Rafting Adventure at 6:30 am sharp, from our office at Thamel, Kathmandu. Please make sure that you arrive at our office well before hand. We will then embark on a 4 hours bus ride to Charaudi.

On our way, we will stop for about 20 minutes for tea and coffee at Malekhu (self-pay). Then, we will continue to drive to Charaudi.

After reaching Charaudi, we’ll spend around 30 minutes for setting up our rafting equipment. If you have not filled

your pre-departure form, you are required to do so now. We strongly recommend you to change into a more comfortable and water friendly clothes.

Just before entering Trishuli, we will spend another 20 minutes briefing you about rafting safety tips. While riding the waves down Trishuli, we will let you know of the places where you can swim and/or go for cliff jumping.

We will end our trip at Kuringhat and have our (Non-Veg) quick meal consisting of Bread, Cheese, Tuna, Salad, Fruits, Biscuit etc. Then, we will depart for Kathmandu at 5 pm.

The journey will end at our office in Thamel, right where we began.

Important Information:

Departure: Thamel, Kathmandu

Departure Time: 6:30 am

Return Details: Thamel, Kathmandu

Inclusions:

Private rafting guide

Private transport in a car or van

Lunch

Cancellation Policy:

Please note that, if you cancel your trip after booking, you will lose your booking amount – (30% of the trip).

The cancellation date will be the day we receive your written cancellation request.

If you leave a trip voluntarily for any reason, once the trip commences, you will not get any refunds.

Nepal River Runner will not make any refunds for unused facilities/services such as transport, sightseeing, accommodation, meals or other services.

What is Included

What is Excluded

What to Bring