

Bheri River Rafting

URL: <https://www.nepalriverrunner.com/river/bheri-river-rafting/>

Starting Point Devisthal	Duration 6 days	Difficulty II to IV
Distance 140KM	Best Seasons Mar-June, Sep-Nov	Activity White water rafting
Group Size Minimum 1, Maximum 21	Maximum Altitude 3,536 m	Ending Point Chisapani

Bheri River Rafting Highlight

- Exploring the main river of Karnali in a remote natural area.
- Excellent white water rafting and kayaking experience.
- Visit local and rural marketplaces and habitats to learn about local cultures.
- Experience an all-in-one journey that includes not only rafting and kayaking but also wildlife exploration and camping.
- Both beginner-level adventurers and expert-level adventurers can engage in Bheri River rafting.

Overview of Bheri River Rafting

Bheri river rafting is one of the best rafting trips you can go to in Nepal! Bheri River, rising from the high Himalayas, is one of Nepal's most significant rivers for fishing and one of the most manageable rivers for water adventures. This river, situated in the far western part of the country, is said to have many mysteries that need to be explored. *The 142-kilometer-long river gets bigger at Ramnaghat as two tributaries (Sani Bheri and Thuli Bheri) combine with it at that point.* The put-in point of this whitewater rafting trip is Devisthal, and the take-out point is Chisapani.

The Bheri River rafting tour is considered easier because its class 3 and 4 rapids are less intense than those on other rivers. Rafting in the Bheri River will allow you to explore the remote areas of the region, some unspoiled cultures of the locals, and an enthralling view of the natural scenery of Nepal and sometimes the wild animals in their natural habitat, along with spending warm and cozy nights at the white sandy beaches along the river. This water rafting and kayaking expedition is a great excuse to escape the polluted city for a week.

Bheri River Rafting Itinerary

Day 1: Drive From Kathmandu to Devisthal

We will drive to Devisthal from Kathmandu, which will take around 14 hours. The journey will take you through remote villages and terraced fields. On your way, you can capture farmers working in the fields along with the authentic village life. Further, Devisthal is the gateway to the Bheri River rafting trip. You can then set up your camp there. Travelers can conduct a gear check and prepare themselves mentally for the next day in the Bheri River rafting itinerary.

Day 2: Raft from Devisthal to Pabitra Bazaar

Our river journey will officially begin on the second day. We will get into our rafts at Devisthal. Rafters will be passing the first rapid, George one(3+) class, which can be a thrilling experience for both beginner and expert rafters. You can then head towards Pabitra Bazaar (the largest town in Mehelkuna VDC of Bheri Zone). With 1,404 households in the VDC, this day can be great for connecting with the locals after completing your adventure.

Day 3: Raft from Pabitra Bazaar to Bheripool

On the third day of our journey, we will raft to Bheripool from Pabitra Bazaar. While the rapids will remain mild, you can calmly raft through dense forests and remote habitats. You can traverse through undisturbed ecosystems during and after you've completed your rafting trip. Rafters will get a view of exotic birds, langurs, etc. It is also possible for you to see a few fishing boats on the riverside when you're camping. Overall, the day's trip will be mixed with adventure and serenity.

Day 4: Raft from Bheripool to Ranighat

When you are rafting from Bheripool to Ranighat, you will feel a sense of adrenaline as this day's rafting trip is going to be a tad bit untamed than the ones before. You will finally be coming closer to the high altitude glaciers in the Dolpo region as you raft from your first landmark to your last one. With the views of the Himalayas, you can enjoy your night after your adventure by the swiftly roaring riverside, beneath the moonlit sky.

Day 5: Raft from Ranighat to Confluence

From Ranighat, we will head towards the Confluence. The day's rafting expedition may last 7 hours or more, crossing 35 kilometers. You will experience different patterns of water flow from beginning to end. This day gives you the actual, authentic experience of rafting in Nepal, as you will be heading towards the Confluence, which is quite sacred in Nepali beliefs since it's considered the merging of energy. You can experience good camping at the end of the journey.

Day 6: Head towards Kathmandu from Chisapani

From the Confluence, we will head to Chisapani, the take out point. You can either go back to Kathmandu or visit the Royal Bardia National Park first to experience the magnificent wilderness of Nepal. The drive will take you from the remotest locations in the Karnali River region to the most urbanized place in Nepal in a maximum of 15 to 20 hours. If you want, you can also drive directly to Pokhara from Chisapani.

What to Bring During Bheri River Rafting

- Shorts / ½ pant
- Sport Sandals
- Shirts that will dry quickly
- Swim suit
- Warm layers (fleece, trousers)
- Towel
- Toiletries
- Sunscreen
- Sunglasses
- Camera and batteries/chargers
- Water Bottles
- Flashlight
- A little cash

What's Included

- Professionally trained and certified river guides.
- Professionally trained and certified safety kayakers.
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles, life jackets, dry bags and pelican boxes.
- Accommodation in a camp and all necessary facilities including personal tents, individual mattress and sleeping bag, toilet tents etc.
- All meals while on the river - breakfast, lunch and dinner.
- Two way transportation - buses, 4WDs.
- River Permits.

What's Not Included

- Visas, flights, other taxes etc.
- Personal items like toiletries, clothing, camera etc.

- Alcohol and other packed food.
- Insurance policy: paddlers need to have their own insurance since we only provide insurance to our crew.
- Tips for guides - we pay our guides and porters fairly but if you want you can tip them personally.

Unique Feature of Bheri River Rafting

Bheri River rafting is a journey on one of Nepal's most popular and significant rivers. You can make the most out of this trip both as a kayaker and a rafter. As a rafter, you can learn about the destinations they'll visit along the trip. You will also pass by **gorges, cliffs, and lush forests, explore the rural lifestyles of the locals, and explore the wildlife species at the Bardiya National Park.** In addition, one can also learn about the indigenous community of Tharu people living in the isolated locations around.

The mature river is known to offer some good camping beaches in Nepal. Moreover, you can also go fishing in the Bheri River. It is home to different fish species, including the Mahaseer, one of the best fish to angle for. Once you've caught the fish, you can enjoy the fish cooked over the campfire. Additionally, in this journey, you will be taken to a place without internet connection or digital mediums for either communication or entertainment. While you can still find some amount of digital connection, you have a better chance of enjoying a digital detox in nature.

Is Bheri River Rafting Suitable for you?

The Bheri River rafting **suits beginners, expert rafters, and kayakers.** The Bheri river rafting rapids range from Class II, which is easy, to Class III, which is moderately challenging, and Class IV, which is quite difficult compared to the two other classes. However, it isn't the most challenging rafting trip in Nepal compared to other white water rafting trips. Therefore, it can be considered suitable for families as well. You must remember that taking children and older people on this journey requires much caution.

Also, you must prepare yourself physically and mentally. Many rafters tend to go unprepared without adequate equipment and bodily preparation. It would be great if you were physically fit and had some experience as a rafter. This trip suits you if you seek a multi-day journey that includes a campfire, rafting, kayaking, and wildlife sightseeing. Travelers who also want to escape urban life for once and go somewhere remote for mental rejuvenation can opt for this trip.

FAQs About Bheri River Rafting

Do I need experience as a rafter to go to Bheri River rafting?

No, you don't necessarily need prior expertise as a rafter to go on a Bheri river rafting trip. You will be accompanied by our licensed guide whenever you raft. Hence, you can be assured of your safety, regardless of age or experience. However, only rafters above twelve and below 60 should consider this

journey.

What safety measures can I take for a successful and safe Bheri River rafting journey?

To have a successful and safe Bheri River rafting journey, you need to follow safety measures like carrying safety gear and equipment enough to facilitate you throughout the trip, eating in moderation, avoiding drinking on the day of the rafting journey or the night before the journey, and listening to the tour operator and the guide at all times!

What is the best time of the year to go rafting on the Bheri River?

The best time to go rafting on the Bheri River would be in Autumn and spring. These times of year make for an enjoyable trip to Nepal's most favored rafting destination. Also, you don't have to delay your journey and can follow the standard itinerary hassle free.

Is there a vegetarian-friendly menu while camping?

Yes, vegetarians can enjoy mouth watering vegetarian options while camping. We manage food items suitable for the trip, filling and delicious for vegetarian and non vegetarian travelers. Additionally, all the meals are prepared hygienically by our representatives, freshly on the campsite.

Are there any specific activities for cultural interaction in the Bheri River rafting journey?

No, there aren't any specific activities related to cultural interaction, especially if you're wondering about doing so with the locals. However, you can enjoy cultural interaction when you visit any habitat along the way in your rafting trips. There are plenty of habitats and marketplaces that allow for cultural interaction.

Address

5th Floor, DRS Bhawan, Paknajol-16 Thamel
P.O Box 19505
Kathmandu, Nepal