

# Bhote Koshi White Water Rafting -1 Day

URL: <https://www.nepalriverrunner.com/river/bhote-koshi-white-water-rafting-1-day/>

## Duration

1 Days

## Difficulty

II-IV

## Distance

10 km

## Best Seasons

Mar - Jun, Sep - Nov

## Highlights:

- One day short trip fit for busy professionals
- Impressive, exciting and challenging rapids
- Very accessible, short drive from Kathmandu
- Best Season - Sep - Nov, Apr- Jun

Bhote Koshi originates from the melting snows of Zhangzanbo (8,012 m) Glacier in Tibet. The river is extremely wild and its gradient is the steepest in Nepal. You can finish rafting on Bhote Koshi in a single day. So, if you are short of time, yet crave for extreme adrenaline rush, then this is the package for you. The river is very challenging and even a look down to the river will make most people feel dizzy. If you are seeking for a one day adventure that provides extreme thrill, then this is the river for you.

For a single day trip, we will be rafting and kayaking in the lower Bhote Koshi. The river is full of class 3 rapids, hence the entire trip will be filled with excitement. The gradient of this river is 15 meters for every kilometer. Rafters need not have much experience but this river is only for experienced kayakers. The river passes through narrow canyons that are full of rich vegetation.

Nepal River Runner has been conducting Bhote Koshi White Water Rafting and Kayaking trip for more than 4 years. Our experience helps us to conduct this trip in a way that is most favorable to our customers and clients. Our helpful and professional guides will make sure that your entire trip is safe and entertaining.

Moreover, for this trip, we will provide you Nepal Government licensed river guides, who have completed Red Cross first aid training. Our guides hold rafting certifications from International Rafting Federation (IRF) and are also trained as Whitewater Rescue Technicians (WRT). Be assured that you will be in our safe hands.

# Trip Itinerary

## Day 1

We will leave for our one-day rafting adventure on Bhote Koshi at 6:30 am sharp, from our office at Thamel, Kathmandu. Please make sure that you arrive at our office well before the departure time. We will be driving to Khadichaur (741 m), which takes about three hours.

After driving for about 1.5 hours, we will reach Keraghaari Organic Coffee and Lassi shop, where we stop for tea and coffee (self-pay) for 20 minutes. Then, we will drive for another 1.5 hours to reach our put in point at Khadichaur.

After reaching Khadichaur, we will be setting up our equipment for the trip. It'll take approximately 30 minutes. If you have not filled your pre-departure form, you need to do so now. This is also a time for you to change into more comfortable clothes, if you like.

Just before entering Bhote Koshi, we will brief you about safety tips, which takes another 20 minutes. We will then start rafting and during our entire trip, we will let you know of the places where you can swim and/or go for cliff jumping.

We will end our trip at Sukute (698 m) and have our (Non-Veg) cold meal consisting of Bread, Cheese, Tuna, Salad, Fruits, Biscuits etc. Then, we will depart for Kathmandu at 5 pm.

Our journey will end at our office in Thamel, right where we began.

### **Important Information:**

**Departure:** Thamel, Kathmandu

**Departure Time:** 6:30 am

**Return Details:** Thamel, Kathmandu

### **Inclusions:**

Private rafting guide,

Private transport in a car or van

Lunch

**Other Info:** Confirmation within 2 days business days.

### **Cancellation Policy:**

Please note that, if you cancel your trip after booking, you will lose your booking amount - (30% of the trip).

The cancellation date will be the day we receive your written cancellation request.

If you leave a trip voluntarily for any reason, once the trip commences, you will not get any refunds.

Nepal River Runner will not make any refunds for unused facilities/services such as transport, sightseeing, accommodation, meals or other services.

# What to Bring

- Shorts / ½ pant
- Sport Sandals
- Shirts that will dry quickly
- Swim suit
- Warm layers (fleece, trousers)
- Towel
- Toiletries
- Sunscreen
- Sunglasses
- Camera and batteries/chargers
- Water Bottles
- Flashlight
- A little cash

# What's Included

- Professional English speaking licensed guides highly trained and safety certified to international standards in Whitewater River Guiding, Swift Water Rescue, and Wilderness First Aid
- Professionally trained and certified safety kayakers.
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles, PFDs, dry bags and Pelican boxes.
- Treated drinking water
- Two-way transportation
- River permits.
- Industry standard first aid kits
- Team photos (photos videos by our team)
- Included meals: Lunch/Hot Lunch

## **Types of food provided:**

Throughout our expedition, we provide treated stream water for drinking. We employ crews with great culinary ability and provide breakfast, lunch and dinner during the expedition in a buffet style. So, yes you have the freedom to choose what you like. If you have special dietary needs, please let us know about it at the time of booking, so that we can arrange accordingly.

## **Sample menu for the trip**

- Lunch : Bread, Cheese, Salami, Tuna, Sardines, Baked beans, Salads, Fresh fruits and Biscuits

## **What's Not Included**

- Visas, flights, other taxes etc.
- Personal items like toiletries, clothing, camera etc.
- Alcohol and other packed food.
- Insurance policy: paddlers need to have their own insurance since we only provide insurance to our crew.
- Tips for guides - we pay our guides and porters fairly but if you want you can tip them personally.

## **Address**

**5th Floor, DRS Bhawan, Paknajol-16 Thamel**

P.O Box 19505

Kathmandu, Nepal