

# Kali Gandaki White Water Rafting and Kayaking - 3 Days

URL: <https://www.nepalriverrunner.com/river/kali-gandaki/>

**Duration**

3 Days

**Difficulty**

III to IV

**Distance**

55 km

**Best Seasons**

Mar-June, Sep-Nov

Kali Gandaki River, which begins its journey from the Tibetan plateau, is named after Goddess Kali and is considered as a divine mother but the Hindus. Paddling across the 55 kilometers long river will make you feel an adrenaline experience of the exhilarating class 3 and 4 rapids which will race your heart. The put in point of this expedition is Maldhunga (3.5 hours from Pokhara) and the take out point is Mirmi (5 hours from Pokhara). Kali Gandaki Gorge is the deepest gorge in the world.

The river passes down the plains of Dhaulagiri and Annapurna range; and alongside the river you will find tumbling waterfalls you can play in. Relax around the fire on the sandy white beach campsites with your rafting team at the end of the day; and the best seasons to get a much better experience are from September to December and March to May. If you're looking for a short length trip full of adventure, this rafting expedition is just the right one for you!

## Trip Itinerary

### Day 1

We will drive to Maldhunga from Pokhara. Before we hit the raft, the rafting equipments are prepared with the help of our professional guides and they will brief you about the raft and safety measures. We will hit the Big Brother, Small Brother and many other rapids today. Our camp site for the first day will be at Modhi Khola.

## Day 2

After a heartwarming breakfast, we float down the river. We will tackle the Good Morning rapid and some class 3 and 4 rapids while witnessing the breathtaking view of the Himalayas and waterfalls before reaching Purti Ghat, the campsite for the day.

## Day 3

We will raft towards Setibeni today and as usual we hit small rapids today. Paddling around the Setibeni, we will see some black rocks called Shaligram which are worshipped by the Hindus as the manifestations of Lord Vishnu. We continue to raft until we reach our take out point, i.e. Mirmi. From there we head back to Pokhara by bus which takes about five hours.

## What to Bring

- Shorts / ½ pant
- Sport Sandals
- Shirts that will dry quickly
- Swim suit
- Warm layers (fleece, trousers)
- Towel
- Toiletries
- Sunscreen
- Sunglasses
- Camera and batteries/chargers
- Water Bottles
- Flashlight
- A little cash

## What's Included

- Professional English speaking licensed guides highly trained and safety certified to international standards in Whitewater River Guiding, Swift Water Rescue, and Wilderness First Aid
- Professionally trained and certified safety kayakers.
- Gear raft support
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles, PFDs, dry bags and Pelican boxes.
- Accommodation in a camp and all necessary facilities including two man tents, shelters, simple mattress and sleeping bag, toilet tents, etc.
- Treated drinking water

- Two-way transportation (private bus, option to fly from Pokhara - Kathmandu)
- River permits.
- Industry standard first aid kits
- Team photos (photos videos by our team)
- Included meals
  - Day 1 = Lunch & Dinner
  - Day 2 = Breakfast, Lunch & Dinner
  - Day 3 = Breakfast & Lunch

### **Types of food provided:**

Throughout our expedition, we provide treated stream water for drinking. We employ crews with great culinary ability and provide breakfast, lunch and dinner during the expedition in a buffet style. So, yes you have the freedom to choose what you like. If you have special dietary needs, please let us know about it at the time of booking, so that we can arrange accordingly.

### **Sample menu for the expedition**

- Breakfast: Tea, Coffee, White chocolate, Muesli and Cornflakes, Yogurt. Eggs, Toast, Hashed potatoes, Pancakes, Porridge etc.
- Lunch : Bread, Cheese, Salami, Tuna, Sardines, Baked beans, Salads, Fresh fruits and Biscuits
- Dinner: Pasta, French fries, Curries, Steamed or Fried vegetables. We may provide Nepali Dal, Bhat in rotation for longer trips.

## **What's Not Included**

- Visas, flights, other taxes etc.
- Personal items like toiletries, clothing, camera etc.
- Alcohol and other packed food.
- Insurance policy: paddlers need to have their own insurance since we only provide insurance to our crew.
- Tips for guides - we pay our guides and porters fairly but if you want you can tip them personally.

## **Address**

**5th Floor, DRS Bhawan, Paknajol-16 Thamel**

P.O Box 19505

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