

Sunkoshi Fishing Trip

URL: <https://www.nepalriverrunner.com/river/sunkoshi-fishing-trip/>

Starting Point

Kathmandu

Duration

7 Days

Difficulty

Class III/ Class V

Distance

270

Best Seasons

Autumn and Spring

Activity

Fishing and white water rafting

Group Size

Minimum 1, Maximum 14

Maximum Altitude

1400m

Ending Point

Chatara

What makes the Sunkoshi Fishing Trip Unique?

- Small pieces of gold pan out of the Sunkoshi river, which is one reason it is known as Sunkoshi in Nepal, which translates to “river of gold.”
- It is most popular for kayaking and river rafting. These activities allow adventurers to explore the river while having the time of their lives.
- If you want to experience Fishing, the Sunkoshi River is the perfect place to visit.
- When you're in Sunkoshi, you can enjoy beautiful natural scenery.
- Rafters can learn about the Majhi culture, a local fishermen tribe that lives in habitats close to the Sunkoshi River.
- The Sunkoshi River is a tributary of the seven Koshi River systems. It originates in Tibet and connects with the Indian Ganges.

Overview of Sunkoshi Fishing Trip

If you're looking to go on a fishing trip, you should definitely check out the **5-day Sunkoshi Fishing trip**. Except for a few cases, the rapids in this river gradually become more complex. Hence, it suits first-time rafters or fishing enthusiasts who want to improve their kayaking/ rafting, and fishing skills. The river starts from the Tibetan border, passes through high mountains and valleys, down to the plains of Nepal, and into the mighty Ganges in India.

Further, for Sunkoshi fishing excursions, we will provide you with Nepal government-licensed river guides who have completed Red Cross first aid training. Our guides hold rafting certifications from the International Rafting Federation (IRF) and are trained as Whitewater Rescue Technicians (WRT). Be assured that you will be in our safe hands. Going to different Sunkoshi River fishing destinations will be

no less than an adventure for you. And, since it is suitable for all age groups regardless of their expertise in outdoor activities, the trip is about giving the travelers the best of both worlds!

7 Days Sunkoshi Fishing Trip

Day 1: Arrival at Fewry Camp (268 m)

We drive to the put-in point from Kathmandu along with the raft, crew, and luggage. Cold lunch shall be prepared and served at the Fewry Camp. The rafting gear will be ready, and after lunch, we will start setting up our equipment. Then, we will start our rafting adventure. As we navigate the waves, we will paddle through the famous Harkapur I (legacy), Harkapur II (Class IV), and other exciting rapids. After some paddling, we will see Dudh Koshi, join Sun Koshi (the confluence).

Depending on the water levels, the rapids may or may not be runnable. We'll make a careful group decision, as we always prioritize safety. Our campsite for the day will be at the beautiful Raighat beach for a much-needed rest and refreshment. Snacks and dinner will be served accordingly. So you can enjoy dinner and relax by the riverside for the night.

Day 2: Angling at Fewry Camp

Today, we will cast our line and enjoy angling in the tranquil waters around the Fewry Camp. After breakfast, we will gear up and enjoy a full day of catch-and-release fishing activity. We will relax, fish, and immerse ourselves in the peaceful riverside atmosphere. In the evening, we will enjoy dinner at our campsite and stay there overnight.

Day 3: Rafting at Rasuwaghat (501 m)

After breakfast, we will start rafting again and we will meet some exciting rapids such as Jaws Rapid (Class IV-), followed by the notorious "Dead Man Eddy". The main highlight of this day's rafting is the rapid "Rhino Rock" (Class IV). True to its name, this rapid looks like the horn of a rhinoceros. The way we pass this rapid depends on the level of water and the decision by the guide.

Fishing shall commence at 3 p.m. onwards (depending on the weather and distance covered). We can enjoy the evening, spending time by the sandy riverbanks, catch-and-release fishing, and unwinding by the river. We will set up our camp for the night at Rasuwaghat by the Sun Koshi riverside

Day 4: Rafting at Waterfall Camp

We will have breakfast at our campsite at Rasuwaghat. Then, we will pack up and raft towards Waterfall Camp. We will continue rafting down the river and enter tropical vegetation. The Sun Koshi becomes narrower, and we will pass through a region referred to as the "Jungle Corridor," which is characterized by continuous rapids.

As we move ahead, we come across a series of unspoiled and serene waterfalls. Today's camp will be near the Waterfall by the side of the Sun Koshi. Fishing shall commence at 3 p.m. onwards (depending on the weather and distance covered). Once again, we will conclude the adventurous day with an afternoon of fishing and enjoying the peaceful riverside setting.

Day 5: Angling at Waterfall Camp

After breakfast, we will enjoy another full day of catch-and-release fishing at our Waterfall Camp. The serene environment and pristine waters provide the perfect setting for fishing and relaxation. You will have dinner at camp and spend another night at Waterfall Camp.

Day 6: Rafting to Tribeni

Before we start our final rafting journey to Tribeni, we will have breakfast at Waterfall Camp and pack up. The waters of the Sun Koshi are calmer. We can relax as we pass through smaller waves. However, on the way, we will come across two exciting rapids – Big Dipper (Class IV), followed by Black Hole (Class III). Soon, Arun and Tamor mix with Sun Koshi at Tribeni (which means confluence of three rivers in Nepali). A total of seven rivers have now joined the Sun Koshi, and it is now called Sapta Koshi. Our camp for the day will be at Tribeni. This area features a lovely beach and is secluded from the nearby village. Also, a great fishing spot. Fishing shall commence at 3 p.m. onwards, depending on the weather and distance covered.

Day 7: Departure to Kathmandu

After breakfast, we will paddle to Chatara (approximately 45 minutes to 1 hour) – our final put-out point. From Chatara, your crew will head towards Biratnagar. Rafts and crew will return to Kathmandu in private transportation.

Necessary Gears for Sunkoshi Fishing

- Shorts / ½ pant
- Sport Sandals
- Shirts that will dry quickly
- Swim suit
- Warm layers (fleece, trousers)
- Towel
- Toiletries
- Sunscreen
- Sunglasses
- Camera and batteries/chargers
- Water Bottles

- Flashlight
- A little cash

What's Included

- Professional English speaking licensed guides highly trained and safety certified to international standards in Whitewater River Guiding, Swift Water Rescue, and Wilderness First Aid
- Professionally trained and certified safety kayakers.
- Gear raft support
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles, PFDs, dry bags and Pelican boxes.
- Accommodation in a camp and all necessary facilities including two man tents, shelters, simple mattress and sleeping bag, toilet tents, etc.
- Treated drinking water
- Two-way transportation (private bus while going, public bus on return, option to fly from Biratnagar - Kathmandu)
- River permits.
- Industry standard first aid kits
- Team photos (photos and videos by our team)
- Included meals
 - Day 1 = Lunch & Dinner
 - Day 2- 4 = Breakfast, Lunch & Dinner
 - Day 5 = Breakfast, Lunch
- **Types of food provided:** Throughout our expedition, we provide treated stream water for drinking. We employ crews with great culinary ability and provide breakfast, lunch and dinner during the expedition in a buffet style. So, yes, you have the freedom to choose what you like. If you have special dietary needs, please let us know about it at the time of booking, so that we can arrange accordingly. Sample menu for the expedition
- Breakfast: Tea, Coffee, White chocolate, Muesli and Cornflakes, Yogurt. Eggs, Toast, Hashed potatoes, Pancakes, Porridge etc.
- Lunch : Bread, Cheese, Salami, Tuna, Sardines, Baked beans, Salads, Fresh fruits and Biscuits
- Dinner: Pasta, French fries, Curries, Steamed or Fried vegetables. We may provide Nepali Dal, Bhat in rotation for longer trips.

What's Not Included

- Personal items (e.g., toiletries, clothing, cameras).
- Fishing Gear: You are required to bring your own fishing gear.
- Visas, flights, and related travel taxes.
- Alcohol and additional snacks.
- Insurance (anglers must carry their own).
- Tips for guides (optional).

Why is Sunkoshi an Ideal Destination for Fishing?

Sunkoshi is an ideal destination for Fishing for more than one reason. This is because of the fishing port and the many other experiences like river rafting, culture immersion, natural beauty exploration, and camping. The following are the details you need to know about why Sunkoshi is just the destination you need to consider for Fishing with your friends and family:

- **Family-friendly fishing opportunities:** The Sunkoshi River is best for families looking for a fishing experience. The river consists of various species of snow trout, Catfish, Mahseer, and Carp. You can prepare a tasty fish meal after you're done hunting. Or, our representative will help you make a good meal from the fish you've caught.
- **Local culture experience:** The locals' hospitality around the Sunkoshi River is worth your while as a traveler. You can learn about the traditional lifestyle of people living there. If you interact enough, you can also befriend the locals and get deeper insights about their culture.
- **Camping:** You can campfire in the evening in Sunkoshi. The ambiance of the surroundings around the river is peaceful and full of natural beauty and freshness. When you're camping, you can not only get to experience an authentic outdoor vibe at night but also enjoy barbequed meat and veggies with drinks in a family and friends setting.
- **White water experience:** When taking the rafting trip, you can get the white water experience in Sunkoshi, a tributary of the Saptakoshi River channel. Moreover, the Sunkoshi water raft is one of the world's most impressive and wholesome.
- **An additional trip to Dolalghat:** You can explore the beautiful Dolalghat in the forest and small villages. This may not be part of your journey, but you can add it to an additional trip to your itinerary. **Safety:** Since whitewater rafting professionals have validated the Sunkoshi fishing excursions, it is safe for first-time rafters. Not only is it safe for your physical well-being, but it is also just as secure and a short trip fit for busy individuals.

A Beginner's Guide to Fishing in the Sunkoshi River

- **Travel with a tour operator:** If you're a beginner, it would be best to travel with a tour operator. They will guide you through each journey step, from when you commute from one place to another, beginning to end, go Fishing, to the time you set your camps, roam around the landmarks, or make the most of your trip.
- **Take precautions:** You need to take precautions before you go Fishing, especially if you are with the children. Fishing in Nepal is traditional, so you can get in touch with the local fishermen, if you even meet them, to learn a few valuable tactics or from your guide.
- **Go on a forest and small village exploration:** A one-day short trip fit for every traveler can take you to the forests and small villages close to the Sunkoshi River, where you will camp and raft. **Train a little:** You need to train a little and learn about Fishing before you go for it. You should view a few tutorial videos beforehand.

Pricing

Package Price: \$3000 for the entire group

This total cost of \$3000 USD covers all aspects of the **6-night, 7-day** adventure for the whole group.

For booking and more information, please feel free to contact us at:

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- Office: DRS Bhawan - 5th Floor, Paknajol, Thamel
- Website: <https://nepalriverrunner.com>

FAQs About Sunkoshi Fishing Trip

How deep is Sunkoshi?

The tributaries of Sunkoshi are 214 km long and 1.2 m deep, and their water area is 800 ha. The depth of this river makes whitewater rafting all the more exciting and fun. The Sunkoshi River's depth has also enabled it to accommodate different fish species, which offers an amazing fishing opportunity as well.

What are the unique features of Sunkoshi River rafting?

Some of the unique features of Sunkoshi river rafting are great camping, gorgeous landscape, nice water, and extensive rapids. It is the 10th best white water river that flows down the Himalayas. In addition to this, rafters have now started to fish in the diverse habitat of aquatic creatures, which has made the Sunkoshi visit all the more fun.

What is the longest rafting trip in Nepal?

The Sunkoshi River rafting trip is the longest rafting trip in Nepal. You can explore the most elements of both Nepal's remoteness and its natural beauty, as well as the many rural and urban aspects of the Sunkoshi River fishing destinations that you pass by during this journey. The first successful descent of the Sunkoshi was from Dolalghat to the Nepal border.

Where is the Sunkoshi River located?

The headwater of the Sunkoshi River is located at Zhangzangbo Glacier in Tibet. Similarly, the river streams are sourced from Choukati and flow from Nyalam County in the Tibet region of China. Likewise, the rafting journey in the Sunkoshi River, mostly because of the remoteness of its location, takes you through bumpy and thrilling waves of the river.

What are the seven Koshi names?

The seven Koshi names are Arun, Tamur, Dudh Koshi, Likhu Khola, Indrawati, Sun Koshi, and Tama Koshi. Sun Koshi is a major tributary of the seven Koshi. Since the river is known as one of the gold rivers, it has a distinct identity compared to other Koshi rivers. Likewise, each river has its own identity and is quite popular for outdoor activities as well.

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